

Spectrum for Psychosocial Impairment of Functioning
Self-Report Adult Lifetime Version (SPIF-SR-ALT)

Version September 30, 2002

Subject ID _____

Date of Birth ____/____/____
mm dd yy

Today's Date ____/____/____
mm dd yy

Sex _____ Male _____ Female

Race

- 1 = White
- 2 = African-American
- 3 = Asian
- 4 = Hispanic
- 5 = American Indian
- 6 = Other

Marital Status

- 1 = Never married
- 2 = Married
- 3 = Separated
- 4 = Divorced
- 5 = Widowed
- 6 = Common Law

Employment Status

- 1 = Full-Time
- 2 = Part-Time
- 3 = Incarcerated
- 4 = Laid Off
- 5 = Disabled
- 6 = Retired
- 7 = Leave of Absence
- 8 = Unemployed (self-supporting)
- 9 = Unemployed (on public assistance)
- 10 = Volunteer
- 11 = Student

Years of Education _____

Have you ever sought or received help from someone for problems with your mood or behavior? Yes _____ No _____

Have you had a physical illness of long duration that has affected your daily life? Yes _____ No _____

Are you currently on any drugs or prescribed medications? Yes ___ No ___

If yes, please list them: Name of Drug | Reason for Taking

1.

2.

3.

4.

5.

6.

To be completed by research staff

SITE

The following questions sometimes refer to the whole course of your life and sometimes to your life after the age of 18. For example, the first two sets of questions relate to your life after 18 years of age. The questions are arranged in 7 sections: how you managed your homelife, work, education, leisure time, family and friends, how you got around, sex life and what you feel that you have accomplished thus far in life. Circle that place on the scale that best fits you.

A - HOUSEHOLD MANAGEMENT -- *This section refers to places where you have lived, such as rooms, dormitory, apartments, or homes. Each question refers to your lifetime, after age 18.*

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

1. ... you had trouble keeping your place clean.

Not Applicable	Never Had Trouble		Some Times		Always Had Trouble
0	1	2	3	4	5

2. ... you had trouble shopping for food, getting meals, or cooking.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

3. ... you had trouble doing laundry or keeping your clothes and other things clean.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

4. ... you had trouble paying your bills (even though you had the money).

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

5. ... you had trouble managing your budget.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

6. ...you had trouble with the upkeep of your home (e.g., fixing things that broke, replacing things that were worn out, doing it yourself or hiring others to do the job).

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

7. ... you had trouble caring for your yard, garden or plants.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

8. ...you had trouble caring for a pet.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

9. ... you had any of your utilities cut-off or there was a threat to cut them off.

Not Applicable	Never	Utility Made a Threat	Utility Cut Off	
0	1	2	3	code

10. .. you lost your own place of residence or were threatened with its loss.

Not Applicable	Never	Landlord/ Bank Threatened	Lost Residence	
0	1	2	3	code

11. .. you lived with family or friends, and they asked you to leave.

Not Applicable	Never	Treatened Only	Demanded I Leave	
0	1	2	3	code

B - OCCUPATIONAL -- *This section refers to your work history. Each question refers to your lifetime after age 18.*

12. After age 18 were you ever employed or worked for money? (Include self-employment.)

_____ Yes (Parttime) _____ Yes (Fulltime) _____ No, Not Employed

If the answer is "No" check the reason(s) why and skip to Question 23.

- _____ Took care of home and/or family member(s)
- _____ Was too physically ill or disabled
- _____ Was too emotionally or psychologically upset
- _____ Other (specify) _____)

If the answer is "Yes" then continue with Questions 13 to 22.

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

13. ... you were underemployed, for example, working only part-time or working in a job for which you were over-qualified.

Not Applicable	Never Under- employed		Some Times		Always Under- employed
0	1	2	3	4	5

14. ...you felt that your work was not as well done as that of others in the same or similar jobs.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

15. ... other people (such as your boss, co-workers, customers) noticed that your work was not as well done as that of others.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

16. ... you felt that you were slow or you didn't get as much done as you should at work.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

17. ...other people (such as your boss, co-workers, customers) noticed that you were slow or didn't get as much done as you should at work.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

18. ... you needed help from others to get your job done.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

19. ...you just didn't show up for work.

Not Applicable	Never Missed Work		Some Times		Frequently Missed Work
0	1	2	3	4	5

20. ... you declined or avoided additional responsibility.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

21. ... you were threatened with demotion or had some responsibilities taken away.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

22. ... you were fired or laid off.

Not Applicable	No	Yes			
0	1	2			code

C - EDUCATION / TRAINING -- *This section refers to your education and training – elementary and high school, college (including community college) and any other job training school. Each question refers to your lifetime experience.*

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

23. ... you got low grades in school, did little work, or did as little as you could get away with.

Not Applicable	Never Had Trouble	2	Some Times	4	Always Had Trouble
0	1	2	3	4	5

24. ... your family noticed that your performance in school suffered.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

25. ... other people (such as teachers, fellow students) noticed that the quality of your school-work / vocational training was lower than expected.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

26. ... compared to others, it took you longer to do your homework, assignments, projects, or tests.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

27. ... you found that you needed help from others to get your school-work / training done.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

28. ... it took you more time to finish all of the courses that you needed because you dropped or failed courses, had trouble concentrating, or didn't take a full load.

Not Applicable	No Longer Than Others	2	A Little Longer	4	Never Completed
0	1	2	3	4	5

29. ... you just didn't show up for school or job training.

Not Applicable	Never	2	Some Times	4	Always
0	1	2	3	4	5

30. ... you got into trouble during school or job training, e.g., being sent to the principal or suspended.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

31. ... you took a leave of absence from school or training.

Not Applicable	Never		Some Leave		Very Frequently
0	1	2	3	4	5

32. ... you were asked to leave school or vocational training.

Not Applicable	Never Asked to Leave	Threatened	Asked to Leave		code
0	1	2	3		

D-LEISURE TIME -- *This section refers to how you spent your free time (e.g., church, family, hobbies, sports). The questions in this section refer to your lifetime after age 18.*

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

33. ... you had difficulty finding a good way to relax or have fun.

Not Applicable	Never Had Problems Relaxing		Some Times		Always Had Problems Relaxing
0	1	2	3	4	5

34. ... you had difficulty finding enough time to relax or have fun.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

35. ... it was hard to do thing with others, such as sports, church socials, or other social or cultural activities.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

36. ... others did not ask you to join them when they were relaxing and having fun.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

37. ... you reduced or stopped doing a hobby or other relaxing activity.

Not Applicable	Never		Some Times		Totally Stopped
0	1	2	3	4	5

38. ... you became over-involved in a hobby or other leisure activity.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

39. ... you reduced or stopped doing things with other people, like playing sports, dating, having a drink with friends, going to the movies with others, visiting your family or relaxing in other ways.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

E-SOCIAL/FAMILY RELATIONSHIPS -- *These questions consider your family, friends, co-workers, and other people in your life throughout your lifetime after age 18.*

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

40. ... you thought that you had too few friends.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

41. ... you had difficulty making friends.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

42. ... you had difficulty keeping friends.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

43. ... you had difficulty getting along with your family and other people.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

44. ... you had difficulty cooperating with other people, like playing on a team or making plans or working on a project.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

45. ...you had difficulty with activities that required being around other people.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

46. ... you had difficulty standing up for yourself, making your feelings known, expressing your opinion or disagreeing with someone.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

47. ... you had trouble starting or keeping a close relationship.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

48. ... you had difficulty confiding in others.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

49. ... you were too dependent on your family.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

50. ... you didn't pay enough attention to or neglected to take care of children and/or family members.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

F-MOBILITY -- *These questions relate to getting around and moving after around after age 18.*

Because of a lack of energy or interest, worries or fears, irritability, inability to get your act together, being too choosy, or any other psychological or emotional problems ...

51. ... you had difficulty leaving your home.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

52. ... you had difficulty with driving.

Not Applicable	No Trouble		Some Trouble		Never Could Learn
0	1	2	3	4	5

53. ... you had difficulty taking buses, subways or trains.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

54. ... you had difficulty taking boats or planes.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

55. ... you had difficulty travelling beyond your local area, or even to a different place in the same town.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

56.you had difficulty sleeping away from home.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

57. ... you had difficulty going into stores, shops, restaurants or other places.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

G -- SEXUAL FUNCTIONING

These questions relate to how you felt and behaved in intimate and sexual activities during your lifetime.

Because of lack of energy or interest, worries or fears, inability to get your act together, being too choosy, or any psychological or emotional problems

...

58. ... you had trouble establishing or maintaining an intimate relationship?

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

59. ... you could not be sexually intimate with someone?

Not Applicable	Never Intimate		Some Times		Very Frequently Intimate
0	1	2	3	4	5

60. ... you were dissatisfied with the frequency of sexual intimacy that you experienced?

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

61. ... you had fewer or more sexual partners than usual?

Not Applicable	No Change		Somewhat Fewer/More		Many Fewer/More
0	1	2	3	4	5

62. ... you did not make an effort to initiate activity that could lead to intimacy?

Not Applicable	Never Made an Effort		Some Times		Made an Effort Very Frequently
0	1	2	3	4	5

63. ... you did not make an effort to initiate sexual activity with a partner?

Not Applicable	Never Made an Effort		Some Times		Very Frequently Made an Effort
0	1	2	3	4	5

64. ... you did not respond to sexual advances by someone you like?

Not Applicable	Never Responded		Some Times		Always Responded
0	1	2	3	4	5

65. ... you tended to fantasize about an intimate encounter rather than actually have one?

Not Applicable	Never Prefer to Fantasize		Some Times		Always Prefer to Fantasize
0	1	2	3	4	5

66. ... you practiced unsafe sex?

Not Applicable	Never Practice Unsafe Sex		Some Times		Always Practice Unsafe Sex
0	1	2	3	4	5

67. ... you felt that you were not sexually appealing to others?

Not Applicable	Never Sexually Appealing		Some Times		Always Sexually Appealing
0	1	2	3	4	5

68. ... you felt dissatisfied after sexual activity.

Not Applicable	Never		Some Times		Always
0	1	2	3	4	5

69. ... you did not have a strategy for establishing or maintaining an intimate relationship with someone?

Not Applicable	Never		Some Times		Very Frequently
0	1	2	3	4	5

1. Have you had any problems in these or other areas that we did not ask about? If so what are they?

THANK YOU FOR COMPLETING THE QUESTIONNAIRES!